

Summer Pack List for Trip to Downhill Resorts

Print this form for each family member who needs help packing

Name_____

Weather for the trip will be_____

Condo Reservation information is stored _____

Parking information is stored_____

Lesson and activity reservation is stored_____

- ☐ Tooth brush
 - ☐ Tooth paste
 - ☐ Deodorant
 - ☐ Medicine and toiletries
 - ☐ Med kit including wound care essentials
 - ☐ OTC pain meds
 - ☐ OTC car sickness tablets
 - ☐ Muscle care product (Penetrex, Tiger Balm, Lidocaine patches)
 - ☐ Prescription meds
 - ☐ Swim suits
 - ☐ Sunglasses
 - ☐ Towels
 - ☐ Sweat shirt
 - ☐ Jacket
 - ☐ Undies
 - ☐ Socks
 - ☐ Day clothes
 - ☐ Night clothes (for dinner, music shows, etc)
 - ☐ PJs
 - ☐ Feminine hygiene (for girls)
 - ☐ Books

- ☐ Markers/pens/crayons
- ☐ Sketch book
- ☐ Rain coat
- ☐ Rain boots (or shoes that can stand up to rain)
- ☐ Hiking boots (optional)
- ☐ Day pack
- ☐ Water bottle
- ☐ Lunch pack
- ☐ Snacks
- ☐ Drinks
- ☐ Paper towels
- ☐ Paper plates (optional)
- ☐ Pump hand soap (optional)
- ☐ Toilet paper
- ☐ Clorox wipes
- ☐ Spare laundry and dishwasher pods
- ☐ Garbage bags to bring home muddy gear, clothes and shoes
- ☐ Cash to tip instructors
- ☐ Info needed for lessons and activities
- ☐ Sunscreen
- ☐ Bug Spray
- ☐ Pillows
- ☐ Blankets
- ☐ Bikes
- ☐ Rider's Essential Gear List
- ☐ Pet food, leash, toys and essentials
- ☐ Devices, cords, rechargeable batteries
- ☐ Small cooler (optional)
- ☐ Life vest if a lake is present
- ☐ Spare tools for bikes, bike rack, car top carrier
- ☐ Tire pump

☐ Essentials for cleaning and lubing bike

Additional Space for Notes:

downhillfamily.com